



Upbring[®]

Faith in Every Future

A Texas Residential Program Perspective on BBI Framework

Amanda Martin PHD

Jamie Williams LPC



Objectives

- Attendees will learn about simple strategies they can use or improve upon in their own programs; and
- The presenters will be so clear and display such enthusiasm that the attendees will leave inspired to make improvements in their own programs.

Our Mission

To break the cycle of child abuse by empowering children, families and communities.

Our Vision

Guided by faith, education and action, communities will be free of child abuse.



Krause Children's Center

- Opened in 1997
- Provides 24 hour therapeutic residential services to girls ages 12-17 who have experienced chronic and complex trauma.
- Total capacity of 60 with average daily census of 57.
- Serve Specialized, Intensive and IPTP level of care.
- On-site Charter School through Trinity Charter Schools (TCS).



Krause Children's Center Team Positions

1 Program Director & 1 Program Manager

55 Direct Care Staff (DCS) including:

- 11 Behavior Support Specialists

- 34 DCS I

- 4 DCS II

- 6 Team Leads

- 6 Shift Lead

1 Clinical Director, 1 Clinical Program Manager, 5 licensed Clinicians, 1

Spiritual Care Counselor

3 Case Managers

2 Nurses Mon-Fri



Building Bridges Initiative Principles



- Family driven and youth guided care
- Clinical excellence and quality standards
- Accessibility and community involvement
- Cultural and linguistic competence
- Transition planning and services

Krause's Journey with BBI

- It all started with anxiety – the driver of change
- Approaching and gaining leadership support
- Creating a plan with collaboration
- Conferences and Field Trips
- Adapting to change
- Accepting that growth is an ongoing process

Clinical Excellence and Quality Standards



- Screening for appropriate fit for youth's needs in your program
- We do documentation review and preplacement interviews/visits with youth and families (if available).
- We do preplacement visits with the youth when possible.
- Focus on all staff having a clinical understanding of youth's needs and that the trauma is driving the challenging behaviors.

Engaging Families and Youth

- Youth participate in employment interviews
- Job Readiness program
- Krause ACCEPT Chapter
- No restrictions on visitation times or phone calls
- Therapists do a motivational call with parents the first week the youth arrives
- Families are invited to the admission and encouraged to visit as much as possible
- We help with travel expenses for families if that is a barrier to them visiting
- Family Therapy is 2-4 times a month and we provide business skype if they cannot come in person
- Mentor program

Clinical Services – Therapeutic Models



- Eye Movement Desensitization and Reprocessing (EMDR)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Dialectical Behavioral Therapy (DBT)
- Family Systems Trauma Model (FST)
- Collaborative Problem Solving (CPS)
- Heartmath
- Animal-Assisted Therapy

Animal- Assisted Therapy

Bridget hard at work



Lily – first addition to the furry side of the family



Loralei's Story

- https://www.youtube.com/watch?v=YgtA1_4E-dw&index=7&list=PLlctVsV_TIKT8ChgTlAnlnAarPjjoofFg

Q & A



Contact Information

- Amanda Martin- Amanda.martin@upbring.org (281) 392-7505 ext. 3103 and cell (281) 919-3788
- Jamie Williams – Jamie.Williams@upbring.org (281) 392-7505 ext 3127 and cell (713) 992-1990