

Texas Building Bridges: Youth, Families, Agencies, and Providers **Transforming Residential Intervention and Achieving Positive Outcomes**

January 28, 2019 9:00 a.m. – 4:00 p.m.

January 29, 2018 9:00 a.m. – 4:00 p.m.

January 30, 2019 9:00 a.m. – 12:30 p.m.

Location: Education Service Center 4, Room 100ABC, 7200 Northwest 100 Drive, Houston, TX 77092

The January 28-30 Building Bridges Initiative (BBI) Training Event invites Texas residential program leaders to explore the use of promising, best, and evidence-informed practices that align with the research on improving sustained positive outcomes post-residential discharge for youth and families served in their systems of care. During this event, BBI consultants, including residential and family advocate leaders who have worked on residential transformation in another state, will share information both to support all Texas stakeholders in continuing their good work with youth and families, and in making improvements to residential interventions that correlate to sustained positive outcomes post residential discharge.

Training Program Goals

Participants will:

- 1) Increase their understanding of national residential transformation efforts;
- 2) Increase their understanding of critical factors for achieving long-term positive outcomes for youth and families who receive residential interventions;
- 3) Increase their knowledge-base about the importance of family-driven and youth-guided care, and increase understanding of different practices/strategies to operationalize these values into practice;
- 4) Increase their knowledge-based about the purpose and benefits of family advocates;
- 5) Increase their understanding of practice elements used in a residential program that has engaged in transformation towards improving long-term positive outcomes post-discharge;
- 6) Have opportunities to ask questions and clarify issues;
- 7) Leave the training program with strategies and resources for implementation to take back to their residential programs.

The mission of the Building Bridges Initiative is to identify and promote practice and policy initiatives that will create strong and closely coordinated partnerships and collaborations between families, youth, community- and residentially-based treatment and service providers, advocates and policymakers to ensure that comprehensive services and supports are family-driven, youth-guided, strength-based, culturally and linguistically competent, individualized, evidence and practice-informed, and consistent with the research on sustained positive outcomes.

AGENDA
January 28, 2019

9:00 – 9:30 am	Welcome/Opportunities with Texas Residential Service Providers and the Building Bridges Initiative (BBI) <i>Kisha Ledlow, MA, Project Director of Texas System of Care, Office of Mental Health Coordination, Texas Health and Human Services Commission</i> <i>Verlyn Johnson, Doctoral Candidate, MSW CFP, State Parent Collaboration Group, Chair Disproportionality Committee, Texas Family Voice Network Representative</i> <i>Ingrid Vogel, LMSW, LCPAA, Division Administrator for Placement, Texas Department of Family and Protective Services</i>
9:30– 10:15 am	Overview of National Building Bridges Initiative/ Highlights of BBI Work across the Country <i>Janice LeBel Ph. D., ABPP, Director of System Transformation, MADMH; Consultant, BBI (MA)</i>
10:15 – 10:30 am	Break/Networking
10:30 – 12noon	Residential Provider Transformation: Best Practices and Positive Outcomes <i>Mark Nickell – Regional Executive Director, Seneca Family of Agencies (CA)</i> <i>Laura Tate – Youth Advisory Board Intern, Seneca Family of Agencies (CA)</i>
12noon – 1:15 pm	Lunch/Networking on Your Own
1:15 – 1:45 pm	Overview of Best Practices in Family-Driven Care <i>Janice LeBel Ph. D., ABPP, Director of System Transformation, MADMH; Consultant, BBI (MA)</i>
1:45 – 2:45 pm	Cultural and Linguistic Competence for Residential Programs <i>Shannon Moreno - Behavioral Health Equity & Cultural and Linguistic Competence Specialist (TX)</i> <i>Mark Nickell – Regional Executive Director, Seneca Family of Agencies (CA)</i> <i>Laura Tate – Youth Advisory Board Intern, Seneca Family of Agencies (CA)</i>
2:45– 3:00 pm	Break/Networking
3:00 – 4 pm	Taking BBI Back to Your Program and Community <i>Day 1 Reflection & Preliminary Action Planning</i>

Short biographies for each faculty member on the following pages

AGENDA
January 29, 2019

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| 9:00 – 9:15 am | Welcome/Opportunities with Texas Residential Service Providers and the Building Bridges Initiative (BBI)
<i>Ingrid Vogel, LMSW, LCPAA, Division Administrator for Placement, Texas Department of Family and Protective Services</i> |
| 9:15– 10:15 am | Family and Youth Experience: What We Need for Successful Outcomes When Touched by Residential Interventions
<i>Facilitators: David McClung, MSW, Youth Engagement Specialist with Texas System of Care (TX) & Veryln Johnson, Doctoral Candidate, MSW CFP, State Parent Collaboration Group, Chair Disproportionality Committee, Texas Family Voice Network Representative</i> |
| 10:15 – 10:30 am | Break/Networking |
| 10:30 – 12 noon | Residential Provider Transformation: Youth-guided Residential Practices that Support Positive Outcomes
<i>David Cocoros & Trish Cocoros – Co-Executive Directors, Youth Development Institute (AZ)</i> |
| 12 – 1:15 pm | Lunch/Networking On Your Own |
| 1:15 – 1:45 pm | Overview of Best Practices in Youth-Guided Care
<i>Lloyd Bullard, M.Ed., BBI Provider Exchange Coordinator (GA)</i> |
| 1:45 – 2:45 pm | A Texas Residential Program Perspective on BBI Framework Implementation
<i>Amanda Martin, PhD, LPC, LMFT-S, LCCA, Associate Executive Director, Krause Children's Treatment Center & Jamie Williams, LPC</i> |
| 2:45 – 3:00 pm | Break/Networking |
| 3:00 - 4:00 pm | Taking BBI Back to Your Program and Community
<i>Day 2 Reflection & Preliminary Action Planning</i> |

Short biographies for each faculty member on following pages

AGENDA **January 30, 2019**

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|---------------------|--|
| 9:00 – 9:15 am | Welcome/Opportunities with Texas Residential Service Providers and the Building Bridges Initiative (BBI)
<i>Kisha Ledlow, MA, Director of Texas System of Care, Office of Mental Health Coordination, Texas Health and Human Services Commission</i>
<i>Ingrid Vogel, LMSW, LCPAA, Division Administrator for Placement, Texas Department of Family and Protective Services</i> |
| 9:15– 10 am | Taking BBI Back to Your Program and Community
<i>From Theory to Implementation – Action Planning</i> |
| 10:00 – 10:15am | Break/Networking |
| 10:15 am – 12:15 pm | Taking BBI Back to Your Program and Community
<i>From Theory to Implementation & Report Out</i> |
| 12:15 – 12:30 pm | Wrap Up/ Evaluation
<i>Kisha Ledlow, MA, Project Director of Texas System of Care, Office of Mental Health Coordination, Texas Health and Human Services Commission</i> |



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INITIATIVE

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PRESENTERS

Lloyd Bullard, M.Ed., BBI Provider Exchange Coordinator (Georgia) bbi.lbullard@gmail.com

Mr. Lloyd Bullard has served as the Building Bridges Initiative Provider Exchange Coordinator since 2017. He has over 30 years of experience working within the human services field. He is currently the C.E.O. and sole proprietor of LBIC Consulting Services, Inc. (LBIC). He also serves as the CEO for the Global Center of Creative Learning (GCCL), which develops instructor-led and e-learning training curricula and conducts training sessions. Mr. Bullard serves as a contractor for Danya International, Inc. conducting Immigration Custom Enforcement (ICE) Inspections of juvenile and family facilities and developing juvenile standards for the Department of Homeland Security (DHS). Prior to starting his own consulting company in 2010, Mr. Bullard spent ten years working for the Child Welfare League of America (CWLA) where he held the positions of Director of Residential Care; Director of Cultural Competence and Racial Disproportionality; Director of Best Practices to Reduce the Use of Restraint and Seclusion, and Senior Consultant.

David Cocoros, MS, Co-Executive Director, Youth Development Institute (Arizona) David.Cocoros@ydi.org

David Cocoros is Co-Executive Director and Co-Founder of Youth Development Institute, a non-profit, Joint Commission Accredited organization providing residential and outpatient behavioral health services for youth. David, together with his wife, Trish, founded YDI in October of 1996. In June of 1997, YDI opened a 14-bed residential treatment unit in leased space and has since grown to a 132-bed continuum of care located on a 9-acre campus in central Phoenix. David began his lifelong work with youth in 1969 at the Austin State Hospital Children's Psychiatric Unit and was a co-founder of the Texas Youth and Child Care Worker Association in 1973. David continued working with youth in the field of juvenile corrections, first in Texas with the Texas Youth Commission, leaving public service in 1994 after his two-year term as the Deputy Director of the Department of Youth Treatment and Rehabilitation for the State of Arizona. A transformational and visionary leader, David has always been a change agent in systems of care for youth. At YDI, David has built a culture of leadership and learning, always striving for excellence. David earned his Master of Science in Criminal Justice Management at Sam Houston State University in Huntsville, Texas in 1987. David and Trish have been married for over 40 years, have two children and three grandchildren.

Trish Cocoros, Co-Executive Director, Youth Development Institute (Arizona) Trish.Cocoros@ydi.org

Trish Cocoros is Co-Executive Director and Co-Founder of Youth Development Institute (YDI), a non-profit, Joint Commission Accredited organization providing residential and outpatient behavioral health services for youth. Trish, together with her husband, David, founded YDI in October of 1996. In June of 1997, YDI opened a 14-bed residential treatment unit in leased space and has since grown to a 132-bed continuum of care located on a 9-acre campus in central Phoenix. Trish has been the driving force behind YDI's reduction in seclusion and restraint and the implementation of trauma-informed care and Trauma Focused Cognitive Behavioral Therapy (TF-CBT). Trish began her work with youth in residential treatment in 1970 and considers working directly with youth as the best part of her job. David and Trish have been married for over 40 years, have two children and three grandchildren.

Verlyn Johnson, Doctoral Candidate, MSW, CFP, State Parent Collaboration Group, Chair Local Disproportionality Committee, Texas Family Voice Network Representative

Ms. Johnson is an unfaltering advocate for parents and children in Child Protective Services and other systems that serves families. She is a strong leader that embodies an untiring energy and passion to the families that she serves. Her goal is to advocate for the voices that are often heard but are never responded to by lifting them up above the realm of policies. She is currently the chair of the statewide Parent Collaboration Group, a forum designed to give voice, discuss and implement policy changes within Child Protective Services, in order to help families achieve better outcomes and



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improved services. Ms. Johnson is the State of Texas Parent Representative for Waco, Texas Region 7. This role is fulfilled by her engagement with parents who are involved in Child Protective Services (CPS) and being a support as a guide in helping parents to successfully navigate through this process. Ms. Johnson participates and facilitates a monthly parent support group for parents that have open cases within CPS. Ms. Johnson has also partnered with the Supreme Court of Texas Children's Commission in creating a Parent Resource guide. Prior to becoming a state parent representative, Ms. Johnson was pursuing her educational goals and has degrees in American Sign Language, Mental Health/Child and Adolescent Mental Health and Drug/Alcohol Counseling all with Honors. Ms. Johnson has also successfully navigated the child welfare system and utilized the services that CPS offered to help strengthen and empower her own family. Ms. Johnson is currently employed as a Certified Family Partner at the Heart of Texas Klaras Center for Families. This role allows her the opportunity to walk along the journey with the families who are living with mental health concerns and are navigating the systems that provide their families with services. Ms. Johnson provides support and serves as a mediator to ensure that families are heard and their individual needs are addressed and focused on family voice and choice. Ms. Johnson is a member of the Disproportionality Advisory Committee, has served on the Statewide Disproportionality Taskforce, and is currently the chairperson of the local Disproportionality advising committee. She is also a member of the National Association of Social Workers. Ms. Johnson received her Bachelor of Arts Degree in Social Work and graduated Cum Laude and has acquired her Master's Degree in Social Work at the University of Southern California. She is currently a Doctoral Candidate working on her dissertation.

Janice LeBel, Ph.D., ABPP B (Massachusetts) jlebel@comcast.net

Dr. Janice LeBel is a licensed, Board-Certified Psychologist with more than thirty years' experience in the public sector working primarily in mental health but also with child welfare, juvenile justice, and intellectual and developmental disability populations. She oversees a statewide system of inpatient and secure residential care for children and adolescents. Dr. LeBel leads the Massachusetts Department of Mental Health's nationally-recognized Restraint/Seclusion (R/S) Prevention Initiative and an Interagency Initiative with the same focus involving child-serving state agencies (7) and the public and private special education schools in the state. She is a founding member of the National Association of State Mental Health Program Directors' Office of Technical Assistance Center's teaching faculty, co-authored an evidenced-based curriculum on R/S Prevention, and works to implement trauma-informed care and R/S prevention efforts throughout the United States and internationally. Dr. LeBel has provided expert testimony at Congressional Briefings and legal proceedings. She has researched and published on seclusion and restraint-related issues and presented at many national and international forums. Dr. LeBel also serves as a peer reviewer for several journals.

Amanda Martin, PhD, LMFT-S, LPC, LCCA, Clinical Director at Krause Children's Center (Texas)
amanda.martin@upbring.org

Amanda Martin has a PhD in Family Therapy, Licensed Marriage and Family Therapist Supervisor, Licensed Professional Counselor, and Licensed Child Care Administrator. She has worked with children and families with trauma for the past 11 years. She has experience working in Residential Treatment Centers and private practice settings.

David McClung, MSW, Youth Engagement Specialist, (Texas) David.mcclung@austin.utexas.edu

David McClung is a youth engagement specialist at Texas System of Care where he helps to lead ACCEPT, a movement of youth and young adults ages 13-25 from across Texas who work together for system transformation by supporting partnerships between, youth, young adults, and organizations. David graduated from Wayland Baptist University with a Bachelor of Arts degree in Psychology and Baylor University with a Masters in Social Work and Master of Divinity. He is



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now pursuing a PhD in Social Work at Baylor University. His research interests include natural support systems, the role of congregations in mental health, and youth participatory action research. In his free time, David enjoys spending time with his family and fiancé, keeping up with current events, reading, and watching movies.

Shannon Moreno, MSW, Behavioral Health Equity & Cultural and Linguistic Competence Specialist (Texas), smoreno@austin.utexas.edu.

Shannon Moreno is the Cultural and Linguistic Competence Specialist for Texas System of Care. She examines disparities in mental health services in the state of Texas and provides consultation to agencies at the city, county, and state level on promoting health equity. Shannon also provides ongoing training opportunities on the delivery of services that are culturally and linguistically appropriate to many child-serving organizations. Shannon provided clinical services to youth and adults of a number of special population groups, including victims of human trafficking, refugees and immigrants, both perpetrators and victims of domestic violence, and perpetrators of sexual crimes. She holds her Masters of Social Work degree from The Ohio State University and a Bachelor of Science in Social Work from Cedarville University.

Mark Nickell, MDiv, Regional Executive Director, Seneca Family of Agencies (California) mark_nickell@senecacenter.org

Mark Nickell has been with Seneca Family of Agencies for more than 13 years and is currently serving as the Executive Director for the San Francisco Region. He has worked in Community Based Services that include Wraparound, Therapeutic Behavioral Services and Multi-Systemic Therapy. In addition, Mark is a trainer for Intensive Treatment Foster Care parents in Crisis Communication, and a certified Wraparound trainer for California Department of Social Services. Mark oversees service provision in partnerships with Family and Children Services, Juvenile Justice, Behavioral Health and Unified School Districts in order to develop service system continuums that support some of California's most vulnerable families as they persevere through the most difficult time in their lives.

Laura Tate, Youth Advocate, Seneca Family of Agencies (California) laurentate374@gmail.com

Laura Tate is a youth intern and co-founder of the Seneca Youth Advisory Board. She entered the foster care system when she was an infant and lends her training style to using experiences from her own life to illuminate trauma informed practices and interventions for working with youth. She is a natural orator, with an engaging, enthusiastic, and inspiring approach to training staff.

Jamie Williams, LPC, Clinical Program Manager at Krause Children's Center (Texas). Jamie.Williams@upbring.org

Jamie Williams has a passion for working with at-risk youth and enjoys motivating the youth she works with to tap into their strengths and break the cycle of abuse. She has nine years of experience working with children, teens, and families in a variety of settings and capacities.