

**Children and Youth Behavioral Health Subcommittee
Meeting Minutes
Wednesday, October 12, 2016**

Teleconference

Agenda Item 1: Welcome and Attendance

The Children and Youth Behavioral Health Subcommittee (CYBHS) meeting commenced at 10:11 a.m. with Molly Lopez providing a welcome to the members. Table 1 shows attendance for the meeting.

Table 1: The CYBHS member attendance at the Wednesday, October 12, 2016 meeting.

MEMBER NAME	YES	NO	MEMBER NAME	YES	NO
John Huffine (HHSC- Office of MH Coordination)	X		Lori Robinson (TJJD)	X	
Suling Homsey (alternate; HHSC- Office of MH Coordination)		X	Amanda Vasquez (TCOOMI)		X
Angela Hobbs-Lopez (HHSC- Behavioral Health Services)	X		Candace Aylor (BHAC Representative; Family Representative)	X	
Calvin Holloway (HHSC- Behavioral Health Services)	X		Evelyn Zaragoza (BHAC Representative; Youth/ Young Adult Representative)		X
Marisol Acosta (HHSC- Behavioral Health Services)	X		Molly Lopez (Higher Education-TIEMH-UT Austin)	X	
Christina Guerrero (DFPS)		X	Monica Rodriguez (Community Representative Tropical Texas)	X	
Kelley Logans-Ali (Alternate; DFPS)	X		Ron Kimbell (Community Representative Heart of Texas)	X	
Barbara Kaatz (TEA)	X		Telawna Kirbie (Community Representative Heart of Texas)	X	
Emily Bartlett (Youth/Young Adult Representative)		X	Susana Rivera (NCTSN)		X
Merily Hodge-Keller (Community Partner Mental Health America of Texas)		X	Ivonne Tapia (Alternate; NCTSN)		X
Barbara Granger (Family Representative)	X				

Yes: Indicates attended the meeting

No: Indicates did not attend the meeting

Agenda Item 2: Family Experience Presentation

Sara Shepard, Youth Engagement Specialist at Paving the Way, Tarrant County's System of Care federally-funding community, introduced Caroline, a youth/young adult representative. Caroline shared her experiences with Paving the Way and System of Care, including how they helped her develop community supports and work towards her goals.

Agenda Item 3: Ethics Presentation

Barbara Granger introduced David Reisman, Chief Ethics Officer for HHSC, who provided a presentation on ethics. He provided an overview of ethics laws, the mission of the Ethics Office, and the purpose of the Ethics Office. Mr. Reisman discussed steps to take to raise an ethical culture, including implications as a public servant and the differentiation between ethics laws and ethics policy. Candace Aylor expressed a need for ethics policies to be updated to address ethics of members of the community who are serving on and advising committees.

Agenda Item 4: CYBHS July 13, 2016 minutes

Edits: Add Candace Aylor and Barbara Kaatz as attending; edit acronyms to be correct and consistent throughout minutes; spell out acronyms first time using them.

Candace Aylor made a motion to accept minutes with revisions. Ron Kimbell seconded. Minutes were approved with revisions.

Agenda Item 5: Bringing our Values to our Work

Barbara Granger and Molly Lopez presented on "Bringing Our Values to Our Work: The Leadership Marathon." They provided tips for leadership and described what it means to be a leader. The group participated in an activity in which they identified values that drive their decisions. The group then participated in a discussion of their top values, and how differences in values can create conflict at times. Molly presented on "pushing past the discomfort" and having dialogue v. discussion.

Marisol Acosta initiated a review of the values and principles of Systems of Care and Trauma-Informed Care, and asked groups to identify values we want to incorporate in the subcommittee. Justice, fairness, equal opportunity, accountability, effectiveness, autonomy, youth-driven, felt safety of individuals, commitment to create change, action over just talking were identified.

Marisol led a discussion about group rules: step out to answer calls; texting is acceptable; mindfulness during family experience; transparent communication and clear, direct language; agree to disagree; no members or those present during meetings should speak or act in a way that is discriminatory; use language that is free from racism, homophobia, xenophobia; acknowledge the value of bringing together a lot of different perspectives; work cooperatively; find common ground; document the process and outcomes that led to decisions; assume best intentions.

Lillian led a discussion on how CYBHS members may safely recognize when a rule has not been followed. Group members agreed on using a hand signal to let others' know when time is up. A "parking lot" method will be utilized to record those topics that may require further discussion.

Agenda Item 6: CYBHS Business

- a. Process for development of recommendations for Behavioral Health Advisory Committee (BHAC)
 - a. When do we make recommendations
 - i. at the end of the meeting
 - ii. plan to make recommendations according to BHAC plan or the legislature's budget (prior to the agency developing the Legislative Appropriations Request [LAR])
 - iii. prior to legislative session
 - b. Who makes recommendations
 - i. Members of the workgroup
 - ii. Leadership v. members
- b. Draft by-laws
 - a. Attendance requirements

- i. Discussion about how to proceed when members miss three consecutive meetings- address personally with the member and decide how to proceed, reevaluate membership; do attendance requirements need to be more stringent? The Bylaws Workgroup will address these questions with input provided by the CYBHS.
- b. How many BHAC members should be allowed to attend and have a vote
 - i. Candace Aylor suggested that any BHAC member who comes should be given a vote
 - ii. Marisol Acosta suggested that we maintain the original balance/structure of the subcommittee with BHAC membership being two or three members (seconded by Lori Robinson). The Bylaws Workgroup will incorporate this feedback.

Agenda Item 7: Strategic Planning

Tracy Levins initiated a group discussion/brainstorming session around strategic planning for the Texas System of Care upcoming grant proposal. Categories of discussion included services and supports, community capacity, accountable systems, financing, and leadership.

Agenda Item 8: Program Updates

- a. Texas Children Recovering from Trauma (Marisol Acosta)
 - a. Grant period ended on September 29, 2016 and did not receive SAMHSA funding for next cycle - currently looking for other funding streams, behavioral health services in HHSC will provide services, lost funding for direct care services
 - b. Hosted successful Trauma Informed Care Conference
 - c. Final report due to federal government- will include strategic plan and sustainability plan
- b. Texas Family Voice Network (Barbara Granger)
 - a. Had to postpone quarterly meeting
 - b. Held parent peer support informational gathering meeting- received support and interest in making parent peer support a Medicaid action item, not added as an exceptional item from HHSC to the legislature, but group is interested in pursuing
- c. ACCEPT (David McClung)
 - a. Provided overview and purpose of ACCEPT
 - b. Underwent recruiting process for additional core members
 - i. Identified and accepted 13 new members from various areas of Texas
 - c. New website: www.acceptexas.com
 - d. Asked members to reach out if they have a project that involves or impact youth
 - e. Working on statewide public service announcement (PSA): How I Thrive. Asking youth to submit videos in response to a question. Selected videos will receive a \$25 gift card. Videos will be pieced together in a compilation to be distributed via television.
 - f. Added two youth/young adults who are working with ACCEPT for 10 hours/week
- d. Community Development Update (Robert Shaw)
 - a. Heart of Texas received federal System of Care (SOC) grant- plan to add school-based services (4 campuses); launching transition-age youth program for 16-21 year olds; goal to develop a crisis respite center; hiring one young adult and one youth to support programs
 - b. SOC community meeting next Thursday 10-11:30am

- c. SOC communities want to come together and do an event around Children's Mental Health Awareness Day (CMHAD)- suggestion of butterfly release; 6 counties total- release at the same time, take pictures, represent freedom from stigma (Thursday May 4)
- e. Anti-Stigma Campaign (Shannon Moreno)
 - a. Rio Grande Valley Region- targeted to address specific population; emphasis on face-to-face time; Jason Wang spoke a total of 12 times to both parents and families, and youth with juvenile justice involvement (246 youth, 45 parents, 143 staff members); worked with Cameron County Juvenile Justice Department; positive responses/feedback from evaluation
 - b. Houston- geared toward social media; #dropthestigma, dropthestigma.org; created flyers and brochures to promote the campaign; materials are downloadable from the website
- f. Alliance for Adolescent Recovery and Treatment in Texas (Beth Hutton)
 - a. Turned in deliverables to SAMHSA, workforce map, communication plan
 - i. Increasing youth and family engagement- expanded group and started Stakeholder Strategic Planning Workgroup (43 members including youth and families, providers, HHSC, Austin ISD student resource officer, emergency room staff)

Agenda Item 9: Public Comment

No public comment

Agenda Item 10: Next Steps

Molly Lopez - commitment to get drafts to members before next meeting to give time for review.

Agenda Item 11: Announcements

No announcements

Next Meeting: January 11, 2017

In packet is an evaluation, please complete and turn in.

The Subcommittee adjourned at 3:05 p.m.