

**Children and Youth Behavioral Health Subcommittee
Meeting Minutes
Wednesday, January 11, 2017**

Teleconference

Agenda Item 1: Welcome and Attendance

The Children and Youth Behavioral Health Subcommittee meeting commenced at 10:11 a.m. with Barbara Granger providing a welcome to the members. Table 1 shows attendance for the meeting.

Table 1: The Children and Youth Behavioral Health Subcommittee member attendance at the Wednesday, January 11, 2017 meeting.

| MEMBER NAME | YES | NO | MEMBER NAME | YES | NO |
|--|------------|-----------|---|------------|-----------|
| John Huffine (alternate; HHSC-Office of MH Coordination) | X | | Lori Robinson (TJJD) | X | |
| Suling Homsy (HHSC- Office of MH Coordination) | X | | Amy Saflekos (TCOOMI) | X | |
| Angela Hobbs-Lopez (HHSC-Behavioral Health Services) | X | | Candace Aylor (Family Representative) | | X |
| Marisol Acosta (HHSC-Behavioral Health Services) | X | | Molly Lopez (Higher Education-TIEMH-UT Austin) | | X |
| Christina Guerrero (DFPS) | X | | Monica Rodriguez (Community Representative Tropical Texas) | X | |
| Kelley Logans-Ali (Alternate; DFPS) | | X | Ron Kimbell (Community Representative Heart of Texas) | X | |
| Barbara Kaatz (TEA) | | X | Telawna Kirbie (alternate; Community Representative Heart of Texas) | | X |
| Emily Bartlett (Youth/Young Adult Representative) | | X | Susana Rivera (NCTSN) | | X |
| Merily Hodge-Keller (Community Partner Mental Health America of Texas) | X | | Ivonne Tapia (Alternate; NCTSN) | | X |
| Barbara Granger (Family Representative) | X | | Lidya Osadchey (Behavioral Health Advisory Committee [BHAC] Representative) | | X |
| Ayo Gathing (BHAC Representative) | X | | Nakia Scott (BHAC Representative) | X | |

Yes: Indicates attended the meeting

No: Indicates did not attend the meeting

Agenda Item 2: Youth Experience

Barbara Granger introduced Nigel Williams, a peer recovery coach. Nigel shared his experience with addiction and recovery, as well as his experience as a peer recovery coach. He emphasized the importance of not only having clinical staff, but also having same-age peer recovery coaches in the treatment community.

Agenda Item 3: Children and Youth Behavioral Health Subcommittee (CYBHS) minutes

Merily Keller noted that her alternate, Lisa Sullivan, attended the prior meeting to represent Texas Suicide Prevention Council and asked that this be represented in the minutes. Monica Rodriguez made a motion to accept minutes with revision. Ron Kimbell seconded. Minutes were approved with revision.

Agenda Item 4: Recommendations for CYBHS Bylaws

Tracy Levins reviewed the bylaws created and revised by the subcommittee. She highlighted the areas which were changed, and provided justification for each of the changes, which included having at least one and not more than four BHAC representatives on the CYBHS, a process for designating alternates, and an attendance policy that is consistent with the attendance policy in the BHAC bylaws. The subcommittee changed language in the charter to make it consistent with the language of the bylaws. Marisol Acosta made a motion to accept the revised bylaws. Angela Hobbs-Lopez seconded. Revised bylaws were approved.

Agenda Item 5: Youth Empowerment Services (YES) Waiver- Proposal of New Service

Carmen Bliss provided an update on YES Waiver. Goals for the upcoming year include improving access and quality of services. As of November 1st, all children who are participating in YES Waiver must be given provider choice and will not be limited to community mental health providers. Proposal is to embed wraparound as a YES Waiver service, which would take the place of the traditional case management plan that they have been using. There will be a waiver amendment to include this addition, which will be open to public comment. Patti Derr asked about making formal comments regarding how wraparound is implemented, aside from making a complaint. Patti recommended putting together a panel of family members who have received wraparound services to review changes. A family representative commented that post-adoption children were not switched to managed care and are still covered under traditional Medicaid, and are therefore not being covered under the proposed changes. Carmen Bliss stated that she would confirm that and bring that information to the appropriate people. Suling Homsy stated that the adoption assistance program will be carved into managed care in the fall; AAPCA (Adoption Assistance Permanency Care Assistance Program) clients will transition to Medicaid managed care on September 1, 2017. See HHS.texas.gov/AAPCA for more information. Patti recommended looking into Arizona model as an example. Further discussion around YES Waiver and new proposal was placed in the parking lot. In regard to Patti's first question about making complaints/comments, Carmen suggested visiting the website which has policies and procedures, as well as contact information. She suggested "moving up the chain" until your comment is addressed. Carmen made a note that families should receive training on what wraparound is supposed to look like. Patti also suggested that the YES Waiver team have a family/youth advisory group to assist in policy reviews.

Agenda Item 6: Texas System of Care (TxSOC) Strategic Plan

Lillian Stengart announced that on 1/3/17 HHSC submitted the grant application to the Substance Abuse and Mental Health Service Administration (SAMHSA) for review. Lillian discussed the strategic plan and how it was updated and revised for the new grant. Lillian led an activity where participants split into small groups by sections of the strategic plan and discussed goals, additions, and revisions relating to each section.

- a. Services and Supports
 - a. Expand capacity of trainings
 - b. Sharing of resources
 - c. Create online database of lessons learned
 - d. Learning from other states
 - e. Continue with Via Hope program to expand peer providers
 - f. Expand network of families

- b. Community Development
 - a. Feedback loop from community to state and vice versa (brainstorming session, public meetings, etc.)
 - b. Sustainability- identify SOC champions around the state who can help with technical assistance
- c. Financing
 - a. Include language around sustainability, community partners, and faith-based organizations
- d. Data and Accountability
 - a. Make sure key indicators are well-defined and easily accessible
 - b. Include language about state and local level to encourage local communities to include families in development of evaluation plans
- e. Leadership
 - a. Having certification for youth
 - b. Opportunities for youth to be engaged civically (e.g., registering to vote)

Agenda Item 7: Children’s Mental Health Awareness Day Planning

Robert Shaw and Jameson Cardenas discussed plans for upcoming Children’s Mental Health Awareness Day (CMHAD). Jameson provided a background and history on CMHAD, a recap on the 2016 CMHAD, and areas for improvement from 2016 to 2017. Robert Shaw discussed plans for the #FLIGHT2FREEDOMTX event. It will be an event aimed at reaching across the state. Robert presented each of the communities that will be participating in the event, discussed how different communities are hosting the event, and led a brainstorming activity around how to make this year’s CMHAD “the best ever.”

Agenda Item 8: Adolescent Alliance for Recovery and Treatment in Texas (AART-TX)

Beth Hutton provided an overview and update on the Adolescent Alliance for Recovery and Treatment in Texas (AART-TX). From the workforce survey they learned that there is a workforce shortage across the state, that almost half of licensed chemical dependency counselors (LCDC) never progressed to full licensure, that there are few training opportunities for substance use within colleges (especially regarding adolescents), that the workforce is primarily white, middle-class, female, and that many providers are not providing evidence-based programs to fidelity. There are 9 months left in the planning grant. Due in January is a plan for addressing issues from the workforce, which will attempt to address the following issues: (a) how to help LCDCs reach full licensure, (b) how to help the workforce reach rural communities, (c) work with colleges to provide more coursework in evidence-based trainings, (d) provide support and training for peer recovery coaches, (e) provide outreach to schools to discuss how to recognize substance abuse and to provide information about referral sources, etc. HHSC applied for the implementation phase of the grant on December 20, 2016. The family and youth engagement plan is due on March 31, 2017. The 3-year strategic plan is due on September 30, 2017, which will encompass all plans. One requirement of the grant is to develop a provider collaborative. To that end, they have selected 4 regions across the state (Travis County, San Antonio, Houston, Plainview), and developed an assessment and treatment subcommittee to review evidence-based treatments and identified evidence-based treatments to train communities on.

Tracy Levins led a small-group brainstorming activity around ensuring that “no families are engaged and no family voice is represented in planning for substance use services in the state” to help identify what not to do. Responses: hold meetings during the school day in bars, don’t invite them to the meetings, be sure they know “we” are the experts, tell them there will be small group work, long meetings with no breaks, single them out make them feel awkward, treat them with disdain using blaming language, isolate policy, don’t include

families/youth, don't spread the word or tell anyone about the meeting, meet during work hours, meet outside of bus routes, be very technical in language, plan too many meetings, require fees, require credentials, require perfect attendance, do not be culturally sensitive, assume parents are not interested in participating, blame parents for children's issues, make expectations for participation unrealistic, disrespect lived experience, ignore parents ideas, devalue the role of the families, exclude Spanish speaking parents, tell them they need parenting classes, late notice of meeting, failing to acknowledge or implement recommendations.

Tracy Levins led small-group activity around brainstorming action items for AART-TX for engaging families in designing the implementation. Recommendations included: ensure that we support families, ensure that there are plenty of peers, give appropriate notice and in appropriate language (at least a week notice), provide co-training with the entire group, support peer networks, target locations (go out in the field), provide childcare and gas reimbursement, use peer recovery coaches that are relatable, schedule in advance (perhaps a standing meeting scheduled out for the year), provide childcare, make it a "happy" event, identify family positive partner members, provide a stipend for time spent, pay family partners and use family partners during the admission process, provide incentives, offer conference calls as an option, demonstrate how family members' suggestions are being put into action, include families who are relatable not just by experience but by cultures as well, answer questions and concerns before the meeting, have a list of questions that will be addressed in the meeting (share with everyone beforehand and with a lot of notice)

Agenda Item 9: Youth Engagement

David McClung encouraged the group to visit the Facebook page and website, provided background on ACCEPT, and led a discussion around how to better engage youth in these meetings. Suggestions included having them participate when needed and then take them out for an activity, asking youth how they would like this meeting to be structured, having a tangible activity for youth and families to participate in (e.g., meeting with legislative aides), being clear on how we define youth voice and youth participation. David asked for volunteers to participate on a phone call/mini-meeting to discuss the issue further (Ron Kimbell, Shannon Moreno, Lillian Stengart, Marisol Acosta, John Huffine, Verlyn Johnson, Glenn Dembowski, Nancy Stanley, and Shanna Wheeler volunteered). He also asked the group if anyone has 1-2 other youth who might be interested in being involved.

Agenda Item 10: Program Updates

Texas Children Recovering from Trauma- Final Report Summary
Marisol Acosta stated that the final report was sent to SAMHSA this week and that she does not yet have a summary. It contains a summary of the work and evaluation, which will be posted on the Texas Institute for Excellence in Mental Health website. She provided an update on current projects- the leadership of HHSC continues to work on trauma-informed care even without the grant. They are working on a plan of action - a strategic plan. They are going to provide a training of trainers on trauma-informed care, they are targeting training the entire workforce, and they are going to hold meetings of the subcommittee for the strategic plan.

Agenda Item 11: Public Comment

No public comment.

Agenda Item 12: Next Steps

- a. Put YES Waiver on the agenda for the next meeting.
- b. Send out the information for public comment about YES Waiver.

Agenda Item 13: Announcements

No announcements. Barbara Granger thanked the group for their participation and attendance. The next meeting will be held on April 12, 2017. Meeting was adjourned at 2:54pm.