

CERTIFIED Family Partners



Providing Family-to-Family Peer Support in Texas

What is a Family Partner?

A person who has real life experiences parenting a child with mental, emotional, or behavioral health disorders and who can articulate the understanding of their real life experiences with another parent or family member.

Research shows families receiving support services experience:

- ↑ Family Engagement
- ↑ Social Resources
- ↑ Caregiver Knowledge
- ↑ Family Empowerment
- ↓ Parental Anxiety
- ↓ Family Stress

Six Core Components OF FAMILY PEER SUPPORT



Promotion of Family Driven Practice

Family Partners infuse a family perspective at all levels, from individual providers to agencies to local service planning all the way to state and national policy making.



Community Connections & Outreach

Help families connect with community resources and navigate the systems that address families' unique needs, while expanding their natural and positive supports.



Informational & Educational Support

Train families to become active participants in treatment and recovery through informed decision-making.



Emotional Support

Help families address feelings of stigma, blame, isolation, and hopelessness along their journeys.



Skills Development

Provide coaching on effective ways to address a youth's mental health, as well as advising on general parenting skills. Also, help parents address their own self-care.



Advocacy

Coach families in building self-advocacy skills through discovering personal strengths. Support the families' use of these skills by promoting shared decision-making.

Texas supports Family Partners through:

Training

Family Partners in Texas receive training and maintain professional certification through Via Hope.

Financing

Texas Health & Human Services supports Family Partner services through contracts with local mental health centers.

