

# **APPLICATION: MINI-GRANTS FOR YOUTH-LED MENTAL WELLNESS PROJECTS**

## **DIRECTIONS**

Please read *all* sections in their entirety before beginning. The application must be completed and submitted by Friday, February 10, 2023 by 11:59PM CT. Applications that are incomplete or submitted after the deadline will *not* be considered. Applications can be completed in English or Spanish; the language of choice will *not* impact your eligibility. Applications must be submitted via email to the address below—printed applications will *not be accepted*.

Applications should be submitted to [info@txsystemofcare.org](mailto:info@txsystemofcare.org). A confirmation email will be provided within 24 hours of submission.

Questions can be emailed to [info@txsystemofcare.org](mailto:info@txsystemofcare.org) any time before February 6, 2023. Responses to all questions will be posted on the mini grant webpage <https://txsystemofcare.org/youth-led-mini-grants> as they are received.

Decisions will be sent via email to the application contact by mid February, 2023.

## **GRANT DETAILS & REQUIREMENTS**

**Award Amount:** Up to \$2,000

**Application Deadline:** Friday, February 10, 2023 by 11:59PM CT

**Project Completion Deadline:** Thursday, August 15, 2023

**Number of Awards:** Up to 10

### **Priority will be given to proposals that accomplish one or more of the following:**

- Support the development of youth leadership skills, such as working as a group, project planning, creative development, public speaking, and others;
- Raise awareness of mental health and work to reduce misinformation or negative perceptions of mental health challenges;
- Works to address a challenge or issue that impacts the mental health of young people;
- Has the potential to impact many youths or students, with different life experiences;
- Has the potential to impact youth in rural areas of the state; or
- Impact adults who support young people, such as their families, educators, or other caregivers.

### **Projects must meet the following requirements:**

- Be created and led by a youth group consisting of at least three young people (between ages 10 to 21)
- Identify a supportive adult to serve as a primary point of contact within the sponsoring organization
- Provide an interim progress report by May 31, 2023 and a final progress report by August 31, 2023;
- Provide required documentation of expenditures, and return any unspent funding within a specified period following the end of the grant period

**Eligible Applicants:**

- Eligible entities are state or local municipalities, Local Mental or Behavioral Health Authorities, public or private non-profit, community-based organizations, or local education agencies.
- Eligible applicants must be able to enter into an agreement with the University of Texas at Austin, provide fiscal oversight and reporting on grant expenditures, and provide an interim and final report summarizing progress.
- The applicant organization should ensure that appropriate support and supervision is provided to youth in the completion of youth activities, and any necessary permissions are obtained from legal guardians of participating youth. Please note that grant funds may not be spent on food.

**YOUTH**

This section should be completed by the **student organization or youth who will lead the project.**

**Statement of Motivation**

Please write 300-500 words demonstrating your motivation for the project. Consider answering the following questions:

- a. Tell us a little about your group and yourselves. Why are you interested in this grant?
- b. What is the problem or concern that you are trying to address? What do you hope to achieve or accomplish with your project?

**Project Proposal**

Please write 300-500 words demonstrating what your proposed project would entail. Be specific and make sure that your proposal meets the grant requirements as detailed on the grant website and at the beginning of this document. Consider answering the following questions:

- a. What do you propose to do to address the problem or need?
- b. What are the different steps that it would take to complete your project?
- c. Who would be impacted by your project? Describe the different types of people and the number of people you hope to impact?

### **Estimated Project Timeline**

When do you plan to complete the main steps in your project? Provide dates when you hope to complete different parts of your project and when you will be finished. Remember that you will need to be finished with the project by August 15, 2023.

### **SPONSORING ORGANIZATION**

This section is to be completed by the **sponsoring organization**. Assure that your organization meets all of the requirements provided at both the beginning of this document and on the website.

**Name of Sponsoring Organization** \_\_\_\_\_

**Address** \_\_\_\_\_

**Website** \_\_\_\_\_

**Name of Signatory Authority** \_\_\_\_\_

**Primary Contact Person** \_\_\_\_\_

**Email Address of Primary Contact Person** \_\_\_\_\_

**Phone Number of Primary Contact Person** \_\_\_\_\_

### **Description of Youth Group**

Please provide a brief description in 250 words or less of the young people who will be leading the project.

### **Description of Plan to Support the Youth-Led Project**

Please describe in 500 words or less any plans to support the youth in the completion of the project. What skills do you hope that they gain from their experience?



<i>Total Costs \$</i>				

**Once you have completed the application, please attach as a PDF in an email and send to [info@txsystemofcare.org](mailto:info@txsystemofcare.org) by 11:59 CT on February 10, 2023.**