

Growing from a CRCG to a System of Care

Bexar County Children and Youth Behavioral Health System Of Care (Bexar SOC)

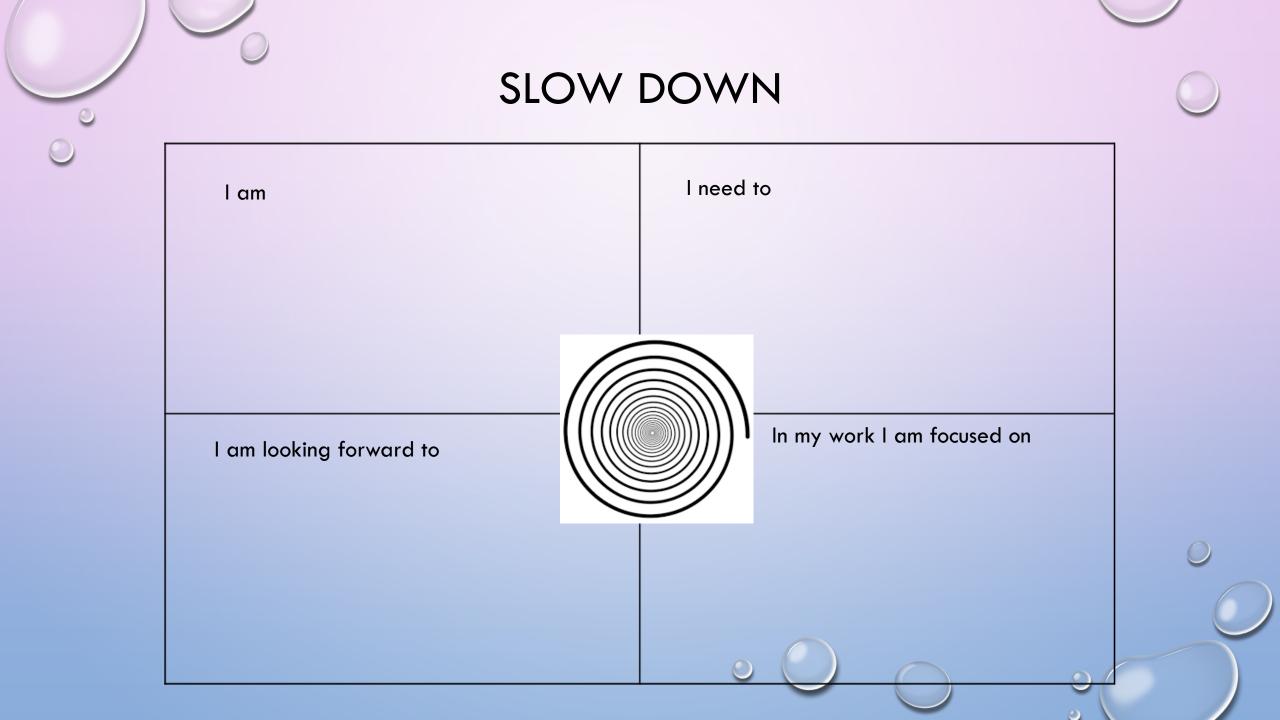
Alice Alvarez <u>Alicel.Alvarez@live.com</u>>

SYSTEM OF CARE

A spectrum of effective, community-based services and supports for children and youth with or at risk for mental health or other challenges and their families, that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs, in order to help them to function better at home, in school, in the community, and throughout life.

Community Resource Coordination Groups

Community Resource Coordination Groups (CRCGs) are county-based groups of local partners and community members that work with parents, caregivers, youth and adults to identify and coordinate services and supports, including behavioral health, basic needs and caregiver support. They help people whose needs can't be met by one single agency and who would benefit from interagency coordination.





BEXAR SOC

- History
- Current State
- Progress
- Future

Building Systems of Care BY Sheila A. Pires Human Service Collaborative Washington, DC FOR **GEORGETOWN UNIVERSITY CENTER FOR** CHILD AND HUMAN DEVELOPMENT **SUPPORTEDBY** Child, Adolescent and Family Branch

Child, Adolescent and Family Branch Center for Mental Health Services Substance Abuse and Mental Health Services Administration U.S. Department of Health and Human Services

BEXAR SOC HISTORY

- 1986 CRCG -local interagency groups come together to develop individual services plans for children/youth who have intensive needs that can best be met through interagency coordination and cooperation
- 2015 The City of San Antonio was awarded SAMHSA SOC Expansion Grant for Bexar CARES to continue.
- 2018 SAMHSA Grant was pulled
- 2019 BC Juvenile Probation Dept. & Kronkosky Charitable Foundation invest in CRCG
- 2022 Bexar children and youth CRCG was named the Texas outstanding CRCG
- 2022 Kronkosky Charitable Foundation invest in Bexar SOC
- 2022 Bexar CRCG is pivotal in establishing the Bexar County Children and Youth Behavioral Health System Of Care (Bexar SOC)
- May 4^{th,} 2022, the Bexar SOC taskforce was created



- Networking
- Success stories

Bexar County Children and Youth CRCG

2022 Outstanding CRCG Award In recognition of outstanding service and commitment to community collaboration

2022 OUTSTANDING TEXAS CRCG



2022 Bexar Children and Youth Community Resource Coordination Group

With the support of SAMHSA's free National Training & Technical Assistance Center (NTTAC) the Texas SOC office, and the dedicated Bexar MOU partners, we moved forward to create the Bexar SOC.







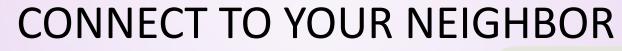








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Orient and train new members	Chair and Co-chair support	2023 TJJD
	Collaborate with SOC & additional community organizations	Community Support (Alice)
	Orient and train new members	
Attend CRCG bridge calls and webinars and report to group		



Discuss with someone sitting

next to you

- I am ...
- I need to...



The happiest people I know are people who don't even think about being happy. They just think about being good neighbors, good people. And then happiness sort of sneaks in the back window while they are busy doing good.

SayingImages.c

And then happiness sort of snoks in the back window while they are busy doing good.

1. Family and Youth Driven	Family and Youth Driven Family and youth driven, with families and young people supported in determining the types of treatment and supports provided (with increasing youth/young adult self- determination based on age and development), and their involvement in decision-making roles in system-level policies, procedures, and priorities.	"In ch ch m O fu
2. Community Based	Community based, with services and supports provided in home, school, primary care, and community settings to the greatest possible extent, and with responsibility for system management and accountability resting within a supportive, adaptive infrastructure of structures, processes, and relationships at the community or regional level.	m sy de pl tre cc
3. Culturally and Linguistically Competent	Culturally and linguistically responsive, with agencies, services, and supports adapted to the cultural, racial, ethnic, and linguistic diversity of the young people and families they serve to provide care that meets individual needs, including those shaped by culture and language, and to ensure equity in access, quality, and effectiveness of services.	or re w tin us ch

"Developmental Systems Change –

In a stage-based developmental process, the systemic change necessary to achieve improved outcomes for children and their families takes **considerable time to mature**.

Often supported by Federal, State, or private foundation unding, the initial stages of establishing a system of care nay take 3—6 years. Building the infrastructure of a ystem of care requires time to craft a shared vision, levelop a theory of change, develop strategic and action lans, establish governance structures, and foster the rust necessary to formalize and sustain long-term ommitments. Because systems of care often require ollaboration with other departments, agencies, or rganizations, their respective objectives for demonstrating esults or impacts must also be addressed. Therefore, **a** vell-designed quality assurance process through which imely data are collected, shared with stakeholders, and used to make adjustments is a vital element of any systemic process." hange



2022 BEXAR SOC TASKFORCE



















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BEXAR SOC BEGINS CREATING CONNECTIONS AND BUILDING TRUST

Asset Mapping people are the greatest asset



RED – WHAT WE CAN'T FIND

YELLOW – WHERE WE NEED CONNECTIONS

GREEN – WHERE WE FEEL CONNECTED

" All that you touch You change. All that you Change Changes you. The only lasting truth is Change." -Octavia E. Butler





- Runaways
- Teen parents' rights
- Qualifications for grandparent services
- SUD youth treatment
- Transportation



JESC+20

Please invite city and state representatives

~ 10 44 945 AM

- 60+ connections • New Collaborations
- New MOUs

- Funding partnership
- Support to families
 - New CRCG participants



The Bexar SOC effort is working to create an alliance across multiple systems. Harmonizing efforts to align goals, build trust. Coordinate efforts, and

Harmonizing efforts to align goals, build trust, Coordinate efforts, and drive system change.

The work uses a community strength-based approach and occurs in the spaces where the work is already happening.

Is culturally and linguistically competent. We are strengthening connections between people across the system alliance.

Is family and youth led. Investing in context experts to ensure those with lived experience are authentically engaged in all areas of decision-making.

Developing a shared vision to raise capacity, sustainability, and multiplying investments.

CONNECTING NEIGHBORS

Discuss with a set of partners near you

In my work I am looking forward to...





WHO DO I KNOW,

WHO DO I NEED TO MEET,

& WHO DO I NEED TO FIND

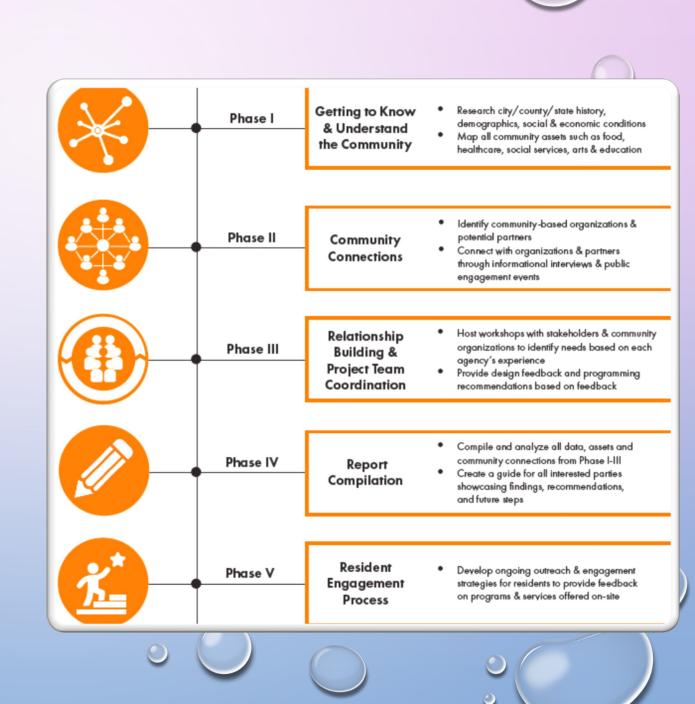


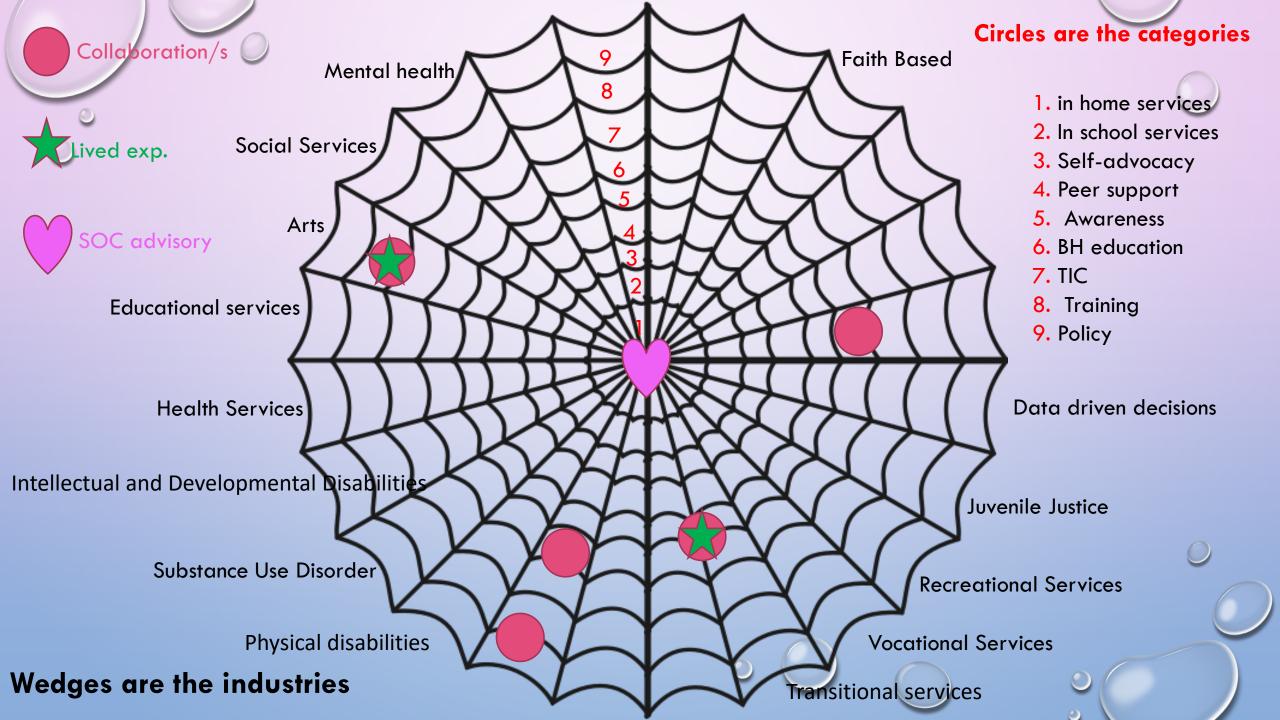
ASSET BASED COMMUNITY DEVELOPMENT

- •Harmonizing vs Buy In
- •Mirror vs a Target
 - •Window (lived experience) vs a Mirror (organization's work)
- Compass vs a Ruler
- Flashlight vs a Hammer

2023 Success

- 70 + Connections
- Designated time to purposefully network
- Bexar CRCG is a Tx leader
- Challenges
 - SOC is an abstract concept
 - Keeping up with the "blessings"





CONNECTING WITH COMMUNITY

Let's all come together and discuss how we can use

- I am ...
- I need to...
- I am looking forward to...

To support each other

In my work I am focused on

I expect to pass through life but once. If therefore, there be any **kindness** I can show, or any good thing I can do to any fellow being, I et me do it now, and not defer or neglect it, as I shall not pass this way again.

– William Penn

AZQUOTES

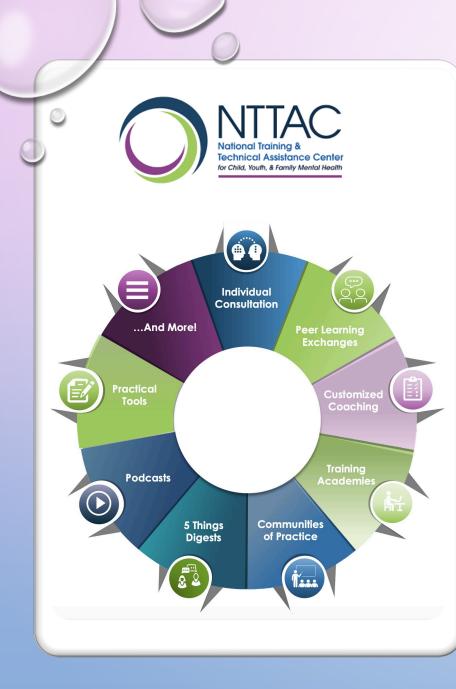
CONNECTING PEOPLE WORKING IN SIMILAR WAYS BUT IN DIFFERENT SPACES

BEXAR SOC CONNECTING SESSIONS

- Networks, Hubs, & Platforms
- City and State services
- Local collaborations
- Insurance
- Full-day event
- City and state representatives



From Stroul, B. & Friedman, R. (1986 rev ed). A system of care for children and youth with severe emotional disturbances (rev. ed., p. 30). Washington, DC: Georgetown University Child Development Center, National Technical Assistance Center for Children's Mental Health.



THANK YOU

- History
- Current state
- Impact & progress
- Future
 - Building connections & trust between people, builds capacity between organizations
 - Align values to align goals
 - Align goals to create a shared vision
 - > A shared vision to create system change at many levels
 - \succ Individual change
 - Departmental change
 - Organizational culture
 - Policy/procedure of the industry
 - State & local policy